



Wilmington
Women's
Center

JAN 2025
NEWSLETTER



Wilmington Senior Center

Established
1956

HOURS

[LOBBY]
Monday - Thursday:
8:00am - 2:00pm
Friday - Sunday:
CLOSED

302.651.3400

The Wilmington Senior Center (WSC) was officially established on July 6, 1956 as the first senior center in Delaware. WSC has a long history of serving the City of Wilmington, offering activities and services to the 50+ community. The vision of our founders was fulfilled as hundreds of active seniors were attracted to the center for trips, teas, classes, counseling and card parties.

Today the WSC is thriving, offering even more activities and classes. Our Grandparent and Caregiver Resource Center provides one-to-one assistance, referrals and advocacy. The WSC has been able to remain a thriving part of the City of Wilmington due to the generous support of members and the local community. Thank you to the community, businesses, corporations, foundations and others who have been an integral part of making the Wilmington Senior Center a vital community resource!

Wilmington Senior Center is a 501(c)(3) Non-Profit Corporation

info@WilmingtonSeniorCenter.org

1901 N. Market Street | Wilmington, DE 19802

www.WilmingtonSeniorCenter.org

Director's Corner



Our programs and services continue to shine! We expect 2025 to be a banner year! We have several new Board members, bringing our total to 13. We can go as high as 25 and as low as 15. Our new Board members are already making a big impact! We will be producing a Strategic Plan for 2025 and beyond. We are hoping to do a capital campaign starting in 2025 to expand our building. We took in several grants totaling about \$60,000 recently. Our collaborations continue to do well: Network Connect, Job Corps, Re-employability, and WHA (Wilmington Housing Authority). Once officially elected, we will be reaching out to all Wilmington and Delaware politicians in early 2025. Happy Holidays and Happy New Year to all!

Sam Nussbaum
Executive Director





Always Best Care
senior services®

We Offer:

- Non-Medical In-Home Care
- Assisted Living Referral Services
- Veterans Assistance Program

302.409.3710

teamgreene@abc-seniors.com | TeamGreeneABC.com
1905 North Market Street, Wilmington, DE 19802

1 877 FloorGuy .com

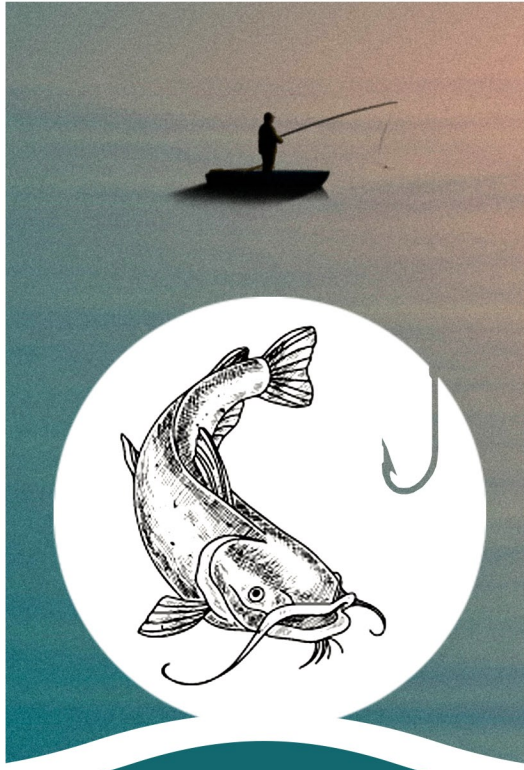
★ PROUDLY SERVING OUR CUSTOMERS SINCE 2001 ★



The Brandy & Wine 5K
(on the Brandywine)



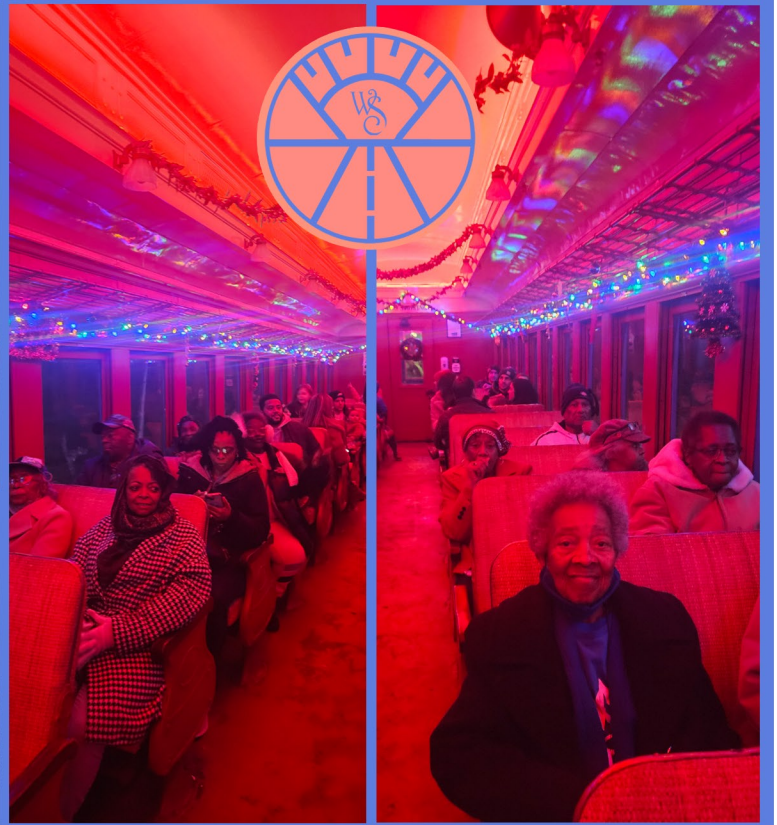
Month **3**
Day **29**
Year **2025**



Should we...
Charter a Fishing Trip?
Let us know you're interested:
info@WilmingtonSeniorCenter.org

Fishing
With
Dennis Black

TRIPS & OUTINGS



Brandywine Partners/W3R Inc & the Wilmington Senior Center
Will be hosting a National *Wreaths Across America* Ceremony

**on Saturday,
December 14, 2024
10:00am**

1901 N. MARKET ST. WILMINGTON, DE. 19802



**WREATHS
ACROSS
AMERICA**



**Wilmington
Senior
Center**







Wilmington Senior Center



JANUARY ACTIVITIES & PRESENTATIONS*

2025 WILMINGTON SENIOR CENTER

- Jan. 01 - WSC Closed Happy New Year**
- Jan. 07 - AmeriCartias w. Rhonda Mitchell**
- Jan. 08 - Medicare Patrol w. Rita Pollonais**
- Jan. 08 - Mama's in the Kitchen**
- Jan. 09 - Harrah's Casino**
- Jan. 13 - Rock Painting w. Victoria**
- Jan. 16 - Hibachi**
- Jan. 20 - WSC Closed | MLK Day**
- Jan. 23 - Snap Benefits w. Megan**

*Presentations and activities are subject to change.

Strength & Training

9:30-10:30am

EVERY MONDAY

4th | 11th | 18th | *25th

9:30-10:30am

Bible Study

CASH BINGO
WEDNESDAYS
12:30pm

JANUARY 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY



6
9:15 Tai Chi
9:30 Strength Training
9:30 Bible Study
9:30 Dominos
10:30 Family Feud
11:45 Lunch
12:30 BINGO

7
9:15 Chair Warmup
9:30 Dominos
9:30 Trivia
10:00 Wii Bowling
10:00 Hangman
11:45 Lunch
12:30 Card Games

8
9:15 Meditation
9:30 Strength Training
9:30 Dominos
9:30 Search & Find
10:00 Pictionary
11:45 Lunch
12:15 Cash BINGO

9
9:15 We All Stretch
9:30 Dominos
10:00 Movie
11:45 Lunch
12:30 Arts & Crafts

13
9:15 Tai Chi
9:30 Strength Training
9:30 Bible Study
10:30 In School Ya'll
11:45 Lunch
12:30 BINGO

14
9:15 Chair Warmup
9:30 What Happened
9:30 Dominos
10:00 Wii Bowling
10:00 How Many Words
11:45 Lunch
12:30 Arts & Crafts

15
9:15 Tai Chi
9:30 Strength Training
9:30 Walk Around
10:30 Pictionary
11:00 Hula Hoops
11:45 Lunch
12:15 Cash BINGO

16
9:15 Meditation
9:30 Trivia
9:30 Arts & Crafts
Hibachi
Center CLOSED for
Afternoon Activities

20

MARTIN LUTHER KING JR DAY 2025

21
9:15 Chair Warmup
9:30 60 Minute Games
9:30 Dominos
10:00 Wii Bowling
10:00 Rock Painting
11:45 Lunch
12:30 Card Games

22
9:15 Meditation
9:30 Movie
9:30 Strength Training
10:00 WSIMC pt.1
11:45 Lunch
12:15 Cash BINGO

23
9:15 Tai Chi
9:30 Game Challenge
9:30 Dominos
10:00 WSIMC pt.2
11:45 Lunch
12:30 Card Games

27
9:15 Tai Chi
9:30 Strength Training
9:30 Bible Study
9:30 Dominos
11:45 Lunch
12:30 BINGO






28
9:00 Tai Chi
9:30 Strength Training
10:00 Bible Study
10:30 Wii Games
11:45 Lunch
12:30 BINGO

29
9:00 Tai Chi
9:30 Strength Training
9:30 Hangman
10:00 Bible Study
10:30 Wii Games
11:45 Lunch
12:15 Cash BINGO

30
9:15 Tai Chi
9:30 Strength Training
9:30 Hangman
10:00 Bible Study
10:30 Wii Games
11:45 Lunch
12:30 BINGO

*Presentations, activities and trips are subject to change.

CITY FARE JANUARY 2025 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		 <p>1</p>	<p>2</p> <p>Beef Sausage w. Peppers & Onions Sandwich on a Club Roll Tater Tots Cubed Pineapple</p> <input type="checkbox"/>
		<p>6</p> <p>General Tso's Chicken Peppers & Onions Brown Rice Fresh Orange</p> <input type="checkbox"/>	<p>7</p> <p>Spaghetti & Meatballs Salad w. Tomatoes & Cucumbers White Wheat Bread Fresh Pear</p> <input type="checkbox"/>
<p>13</p> <p>Blush Sauce Chicken & Pasta Broccoli Split Top Roll Mixed Fruit</p> <input type="checkbox"/>	<p>14</p> <p>Crab Cake w. Tartar Sauce Roasted Baby Bakers Peas Corn Muffin</p> <input type="checkbox"/>	<p>15</p> <p>Roast Pork w. Sauerkraut Peas & Carrots Mashed Potatoes Split Top Roll Bread Pudding</p>  <input type="checkbox"/>	<p>16</p> <p>Swedish Meatballs Green Beans Egg Noodles Baked Apples</p> <input type="checkbox"/>
 <p>20 Martin Luther KING JR. DAY</p>	<p>21</p> <p>BBQ Chicken Bites Seasoned Greens Carrots Cheesy Grits</p> <input type="checkbox"/>	<p>22</p> <p>Chicken & Dumplings Caribbean Vegetable Blend Fresh Pear Apple Cobbler</p> <input type="checkbox"/>	<p>23</p> <p>Meatloaf Mashed Potatoes Spinach White/ Wheat Bread Fresh Orange</p> <input type="checkbox"/>
<p>27</p> <p>Pesto Chicken w. Pasta Zucchini Diced Pears 12 Grain Bread</p> <input type="checkbox"/>	<p>28</p> <p>Turkey & Cheese Sandwich w. Lettuce & Tomato on Marble Rye Cream of Tomato Soup w. Whole Grain Crackers Tangerine Mayo</p> <input type="checkbox"/>	<p>29</p> <p>Pepper Steak & Broccoli Mandarin Oranges Carrots Brown Rice</p>  <input type="checkbox"/>	<p>30</p> <p>Stuffed Pepper Mashed Potatoes 12 Grain Bread Fresh Pear</p> <input type="checkbox"/>

All meals subject to change. All meals contain 1% milk - Suggested minimum donation for person 60+ is \$3.00. People under age 60 must pay \$7.00
Saturday & Sunday Mid Day meals served at St. Anthony's -Tuesday & Thursday Evening Meals served at St. Anthony's Senior Center

Wilmington Senior Center

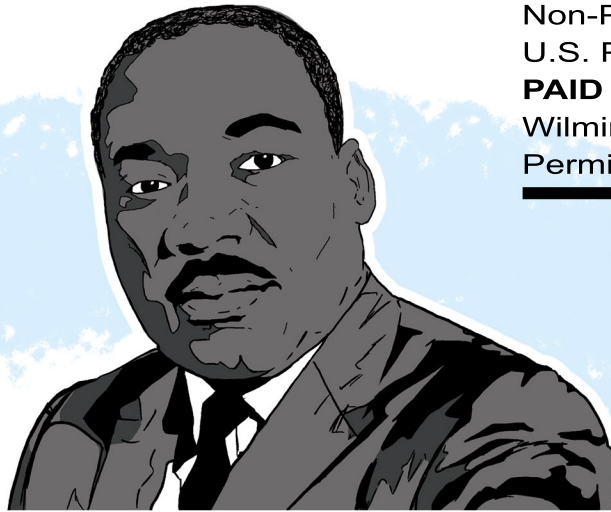
1901 N. Market Street
Wilmington, DE 19802

Phone: (302) 651-3400

Fax: (302) 651-3470

info@wilmingtonseniorcenter.org

www.wilmingtonseniorcenter.org



Non-Profit Organization
U.S. Postage

PAID

Wilmington, DE 19850

Permit No. 430

SUPPORT OUR SENIORS

WWW.WILMINGTONSENIORCENTER.ORG/DONATE

Martin Luther King Jr.



SCAN TO



DONATE

LIVE UNITED



United Way of Delaware

Donor Designation Code: 560