





March Activities 2023



Monday	Tuesday	Wednesday	Thursday	Friday
		3/1 9:15 Tai Chi 9:30 Strength Training 10:00 Henry Lester - Terry Foster 10:30 Wii Bowling 11:00 Puzzles 11:45 Lunch 12:00 Cash BINGO	3/2 9:15 Chair Warmup 10:00 State of Affairs 10:00 Independent Dominos 11:45 Lunch 12:30 Card Games	Have an Awesome Weekend!!
3/6 9:15 Tai Chi 9:30 Strength Training 10:00 Bible Study 10:00 Michelle Hays w Cigna 11:45 Lunch 12:30 BINGO	3/7 9:15 Chair Warmup 10:00 Arts & Crafts 10:00 Independent Dominos 10:30 Wii Games 11:45 Lunch 12:30 Card Games	3/8 9:15 Tai Chi 9:30 Strength Training 10:30 Wii Bowling 11:00 Trivia 11:45 Lunch 12:00 Delaware Park 12:30 Cash BINGO	3/9 9:15 Chair Warmup 10:00 AmeriHealth 11:00 WSiMC 11:45 Lunch 12:30 Card Games	Have an Awesome Weekend!!
3/13 9:15 Tai Chi 9:30 Strength Training 10:00 Bible Study 10:00 Mardi Gras BINGO 11:45 Lunch	3/14 9:15 Tai Chi 9:30 Pictionary with Sabrina 10:30 Wii Games 11:45 Lunch 12:30 Independent Time	3/15 9:15 Meditation 9:30 Brandywine Valley Hearing Solutions 9:30 Strength Training 10:30 Wii Bowling 11:45 Lunch 12:30 BINGO with St Patrick's	3/16 9:15 Chair Warmup 9:30 Brandywine Valley Hearing Solutions 11:00 Question & Answer 11:45 Lunch 12:30 Arts and Crafts	 SATURDAY March 18th Mardi GRAS BINGO 50/50 \$4 card \$5 sheet of 5 - Add'l for purchase -Food for Purchase
3/20 9:15 Tai Chi 9:30 Strength Training 10:00 Bible Study 10:00 Cigna 1:45 Lunch 12:30 BINGO	3/21 9:15 Tai Chi 10:30 Wii Games 11:45 Lunch 12:30 Independent Time 12:30 Delaware Museum of Nature and Science	3/22 9:15 Tai Chi 9:30 Strength Training 10:00 BINGO with Ms. Jervey 10:30 Wii Bowling 11:00 Trivia 11:45 Lunch	3/23 9:15 Meditation 10:00 Gibberish Game 11:45 Lunch 12:30 Independent Time	Have an Awesome Weekend!!
3/27 9:15 Tai Chi 9:30 Strength Training 10:00 Bible Study 11:45 Lunch 12:30 BINGO	3/28 9:15 Chair Warmup 10:00 Arts & Crafts 10:00 Independent Dominos 11:45 Lunch 12:30 Card Games	3/29 9:15 Tai Chi 9:30 Strength Training 10:00 Speaker Series Rev. Dr. Stanley Hearst 10:30 Wii Bowling 11:00 Trivia 11:45 Lunch 12:30 Cash BINGO	3/30 9:15 Chair Warmup 10:00 AmeriHealth 11:00 WSiMC 11:45 Lunch 12:30 Card Games	Have an Awesome Weekend!!

Please note: All presentations and trips are subject to change including additions and or deletions.

*Must be present at the time of presentations to receive any distributed items. Reservations must be made for all trips and activities and are accepted on a first come first serve basis and can not be made the day of trip of presentation.

There is a Transportation charge for each trip