

# March 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>4</b> 9:15 Tai Chi 9:30 Strength Training 10:00 Bible Study 10:30 WSIMC - African Proverb 11:45 Lunch <b>12:30 BINGO</b>	<b>5</b> 9:15 Chair Warmup 10:00 Dominos 10:00 Wii Bowling 11:00 Cowtown Senior Afternoon Activities <b>OPEN</b> <b>NO LUNCH</b>	<b>6</b> 9:15 Tai Chi 9:30 Strength Training 9:30 Crossword Puzzle 10:00 Wii Bowling 10:00 Living on High 11:45 Lunch <b>12:30 Cash BINGO</b>	<b>7</b> 9:15 Chair Warmup 9:30 Morning Trivia 10:00 Meditation 11:30 Delaware Park Senior Afternoon Activities <b>OPEN</b> <b>NO LUNCH</b>	<b>8</b> Have A Great Weekend!!
<b>11</b> 9:15 Tai Chi 9:30 Strength Training 10:00 Bible Study 10:30 Did You Know Me 11:45 Lunch <b>12:30 BINGO</b>	<b>12</b> 9:15 Chair Warmup 10:00 WIT Works 10:00 Independent Dominos 10:00 Wii Bowling 10:00 Movie 11:45 Lunch 12:00 Card Games	<b>13</b> 9:15 Tai Chi 9:30 Strength Training 10:00 Wii Bowling 10:00 Resilience 11:45 Lunch <b>12:30 Cash BINGO</b>	<b>14</b> 9:00 Devotions 9:15 Tai Chi 9:30 Pictionary 10:00 Arts & Crafts Bingo w. Regency Healthcare 11:45 Lunch 12:30 Card Games	<b>15</b> Have A Great Weekend!!
<b>18</b> 9:15 Tai Chi 9:30 Strength Training 9:30 Walk Around the Block 10:00 Bible Study 10:00 Search and Find 11:45 Lunch <b>12:30 BINGO</b>	<b>19</b> 9:15 Chair Warmup 10:00 Motown Trivia 10:00 Independent Dominos 10:00 Wii Bowling 11:45 Lunch 12:30 Card Games	<b>20</b> 9:15 Tai Chi 9:30 Strength Training 10:00 Wii Bowling 11:00 Family Feud 11:45 Lunch <b>12:30 Cash BINGO</b>	<b>21</b> 9:15 Tai Chi 9:30 Meditation 10:00 Independent Dominos 10:00 Let's Read 11:00 WSIMC - What Happens in this House 11:45 Lunch 12:30 Card Games	<b>22</b> Have A Great Weekend!!
<b>25</b> 9:15 Tai Chi 9:30 Strength Training 10:00 Bible Study 10:00 This Date in History 10:30 Trivia 11:45 Lunch <b>12:30 BINGO</b>	<b>26</b> 9:15 Chair Warmup 10:00 WIT Works 10:00 Independent Dominos 10:00 Wii Bowling 11:45 Lunch 12:30 Puzzle Time	<b>27</b> 9:15 Tai Chi 9:30 Strength Training 10:00 Wii Bowling 10:00 Resilience 11:45 Lunch <b>12:30 Cash BINGO</b>	<b>28</b> 9:15 Tai Chi 9:30 M&M Challenge 10:00 Independent Dominos 11:00 Booth Corner Senior Afternoon Activities <b>OPEN</b> <b>NO LUNCH</b>	<b>29</b> <b>GOOD FRIDAY</b> Have A Great Weekend!!