



# NOVEMBER 2022



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p>9:15 Tai Chi 9:30 Strength Training 10:00 Bible Study 10:30 Wii Games 11:45 Lunch 12:30 BINGO</p>	<p><b>1</b> 9:15 Chair Warmup 10:00 Remember the Vets 10:00 Dominos 11:45 Lunch 12:30 Card Games</p>	<p><b>2</b> 9:15 Tai Chi 9:30 Strength Training 9:30 Crossword Puzzle 10:30 Wii Games 11:45 Lunch 12:30 Cash Bingo</p>	<p><b>3</b> 9:15 Chair Warmups 9:30 Morning Trivia 10:00 Independent 11:45 Lunch 12:30 Independent Time</p>	<p><b>4</b> <b>HAVE A GREAT WEEKEND</b></p>
<p><b>7</b> 9:15 Tai Chi 9:30 Strength Training 10:00 Bible Study 10:30 Wii Games 11:45 Lunch 12:30 BINGO</p>	<p><b>8</b>  Election Day Center Closed</p>	<p><b>9</b> 9:15 Tai Chi 9:30 Strength Training 10:30 Wii Bowling 10:30 Hair and Body Mousse 11:45 Lunch 12:30 Cash BINGO</p>	<p><b>10</b> 9:00 Devotions 9:15 Tai Chi 9:30 State of Affairs 10:00 Independent Dominos 11:45 Lunch 12:30 Card Games</p>	<p><b>11</b> <b>HAVE A GREAT WEEKEND</b></p>
<p><b>14</b> 9:15 Tai Chi 9:30 Strength Training 10:00 Bible Study 10:30 Wii Games 11:45 Lunch 12:30 BINGO</p>	<p><b>15</b> 9:15 Chair Warmup 10:00 Trinity Health 10:00 Independent Dominos 11:45 Lunch 12:30 Card Games</p>	<p><b>16</b> 9:15 Tai Chi 9:30 Strength Training 10:30 Wii Bowling 11:00 Mummify Me 11:45 Lunch 12:30 Cash BINGO</p>	<p><b>17</b> 9:15 Tai Chi 9:30 Trivia 10:00 Independent Dominos 11:00 WSIMC 11:45 Lunch 12:30 Card Games</p>	<p><b>18</b> <b>HAVE A GREAT WEEKEND</b></p>
<p><b>21</b> 9:15 Tai Chi 9:30 Strength Training 10:00 Bible Study 10:30 Wii Games 11:45 Lunch 12:30 BINGO</p>	<p><b>22</b> 9:15 Chair Warmup 10:00 60 Minute Games 10:00 Independent Dominos 11:45 Lunch 12:30 Card Games</p>	<p><b>23</b> 9:15 Tai Chi 9:30 Strength Training 10:30 Wii Bowling 11:45 Lunch  Center Closes at 1pm for Thanksgiving Holiday</p>	<p><b>24</b>  Happy Thanksgiving!! CENTER IS CLOSED  </p>	<p><b>25</b> <b>HAVE A GREAT WEEKEND</b></p>
<p><b>28</b> 9:15 Tai Chi 9:30 Strength Training 10:00 Bible Study 10:30 Wii Games 11:45 Lunch 12:30 BINGO</p>	<p><b>29</b> 9:15 Chair Warmup 10:00 Morning Trivia 10:00 Independent Dominos 11:45 Lunch 12:30 Movies Wankanda Forever</p>	<p><b>30</b> 9:15 Tai Chi 9:30 Strength Training 10:30 Wii Bowling 11:00 Mummify Me 11:45 Lunch 12:30 Cash BINGO</p>		