



Wilmington  
Senior  
Center

**DEC 2024**  
**NEWSLETTER**



# Wilmington Senior Center

*Established*  
**1956**

## **HOURS**

**[ LOBBY ]**  
**Monday - Thursday:**  
**8:00am - 2:00pm**  
**Friday - Sunday:**  
**CLOSED**

**302.651.3400**

**T**he Wilmington Senior Center (WSC) was officially established on July 6, 1956 as the first senior center in Delaware. WSC has a long history of serving the City of Wilmington, offering activities and services to the 50+ community. The vision of our founders was fulfilled as hundreds of active seniors were attracted to the center for trips, teas, classes, counseling and card parties.

**T**oday the WSC is thriving, offering even more activities and classes. Our Grandparent and Caregiver Resource Center provides one-to-one assistance, referrals and advocacy. The WSC has been able to remain a thriving part of the City of Wilmington due to the generous support of members and the local community. Thank you to the community, businesses, corporations, foundations and others who have been an integral part of making the Wilmington Senior Center a vital community resource!

Wilmington Senior Center is a 501(c)(3) Non-Profit Corporation

**info@WilmingtonSeniorCenter.org**

**1901 N. Market Street | Wilmington, DE 19802**

**www.WilmingtonSeniorCenter.org**

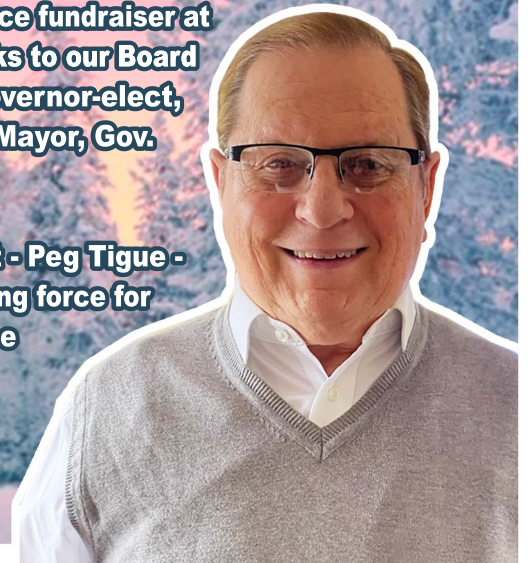
# Director's Corner



Things continue to go great at the Center! Amazing trips, excellent daily activities, & great almost daily presentation on health, Medicaid and Medicare, nutrition, etc. These are very interesting and stimulating topics for our seniors. Happy Holidays to everyone! We are forging a relationship and collaboration with the Latin American Community Center, the first of its kind, a monumental achievement! Our staff continue to be nonpareil, and they do a stellar job for us every day. We had a nice fundraiser at Honeygrow, whereby 20% of the days sales went of us. Special thanks to our Board member Liam Corey for executing this. Congratulations to our Governor-elect, Matt Meyer, our Senator-elect, Lisa Blunt Rochester and our new Mayor, Gov. John Carney on their victories.

On a sad note, the Wilmington community has lost one of its best - Peg Tigue - a dear friend, and a mover and shaker in our town. Peg was an amazing force for good in our community who never took "No" for an answer. She will be sorely missed by one and all.

**Sam Nussbaum**  
**Executive Director**





**Always Best Care**  
senior services®

**We Offer:**

- Non-Medical In-Home Care
- Assisted Living Referral Services
- Veterans Assistance Program

**302.409.3710**

teamgreene@abc-seniors.com | TeamGreeneABC.com  
1905 North Market Street, Wilmington, DE 19802

**1 877 FloorGuy .com**

★ PROUDLY SERVING OUR CUSTOMERS SINCE 2001 ★



**WSC 5K RUN 4 FUN**



Month **3**  
Day **29**  
Year **2025**

*In Loving Memory of*

*Margaret Ann  
"Peg"  
Tigue*



*1933 - 2024*



**DECEMBER 12th | 11:00am**

# WSIMC

**Women Sharing In Meaningful Conversation**

## “LETTING GO”

with **Cecile Williams**  
(WSC Director of Senior Activities)

*Things to Do*

**WS**

- 12/10 COWTOWN
- 12/12 CHRISTMAS LOCOMOTIVE
- 12/13 DESIGNER BAG BINGO
- 12/23 BOOTHWYN

### OLD BRANDYWINE VILLAGE PRESENTS

# Light Up the Village

**Thursday, December 12**

**5:30pm - 6:30pm**

Choir School of Delaware | Cotton Candy & Popcorn  
Gerald Chavis Big Band | Caroling | Hot Chocolate

BRANDYWINE MILLS PLAZA  
1800 N. MARKET STREET  
Across from Dollar General



Brandywine Partners/W3R Inc & the Wilmington Senior Center  
Will be hosting a National *Wreaths Across America* Ceremony

**on Saturday,  
December 14, 2024  
10:00am**

1901 N. MARKET ST. WILMINGTON, DE. 19802



WREATHS  
across  
AMERICA



Wilmington  
Senior  
Center



HAPPY NEW YEAR



# Christmas Party

**12 | 19 -**  
**2024**

**\$5**

**for non-members**

**FREE**

**for members**



**WS**

# HAPPY HOLIDAYS

I W G B V O F N D K Z P H W O J U H C W  
I M R I R S T G A I Q Q L J M V T L O O  
J V H A I Q B O E R C A L P E R I F S B B  
L G O Q P E N Q R E N U C C A R S S H  
L K G W R P E A B N K W A D H O N F G B  
S N S L X W O C N E S M T R I A B G F K  
D S X W W O C N E S M T R I A B G F K  
Y A D I L O H Q G T H G E T V W L M G B  
R V T C T M R L N P R W A N H P D N K A D  
J C T H T W I E I F A R H S T D N K A D  
E M D X X R S E G G O P N Z M S O L M G  
I R Z K N E T X N C Y O E I G N R U W Z  
P L C D R A M E A W D S R U W T T D O  
J Z K P I T A D L M C T M E Y D H X H  
J O L L Y H S J A V L Y Z D N O P Z Y T  
C A K R X Q T N C E E R D D S O B D A  
C A R O L E R S T Y Q S T N W K L L T I  
V B O I J E E O F G K A K I A Q E N L F  
I V D N Q K E Y N Z Y A W E V C A Y U K  
P J J I N G L E B E L L S R M S S E D L

JINGLE BELLS  
BOW  
CANDY CANE  
CAROLERS  
CHRISTMAS TREE  
DECORATIONS  
ELVES  
FIREPLACE  
GARLAND  
GINGERBREAD

HOLIDAY  
JOLLY  
SANTA  
MISTLETOE  
NORTH POLE  
ORNAMENTS  
PRESENTS  
REINDEER  
SNOWMAN  
WREATH

WRAPPING PAPER



# DECEMBER 2024 ACTIVITIES & PRESENTATIONS

## WILMINGTON SENIOR CENTER

- Dec. 10 - Cowtown [10AM]** (weather permitting)
- Dec. 11 - Living on High w. Ingleside [10AM]**
- Dec. 12 - Christmas Locomotive [5-8PM]**
- Dec. 12 - Light Up the Village [5:30-6:30PM]**
- Dec. 13 - Designer Bag Bingo [6PM]** Newark Senior Center
- Dec. 14 - Wreaths Across America [10AM]**
- Dec. 17 - Regency w. Ashley [11AM]**
- Dec. 19 - WSC Christmas Party [10AM]**
- Dec. 23 - Boothwyn [10AM]**
- Dec. 25 - WSC Closes at 1:00PM** (for Christmas)
- Dec. 26 - Christmas (CLOSED)**
- Dec. 31 - WSC Closes at 1:00PM** (for New Years)

\*Presentations and activities are subject to change.

### Strength & Training

9:30-10:30am

**EVERY MONDAY**

4th | 11th | 18th | \*25th

9:30-10:30am

**Bible Study**

**CASH BINGO**  
**WEDNESDAYS**  
12:30pm

# DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>2</b> 9:15 Tai Chi 9:30 Strength Training 9:30 Bible Study 10:00 Arts & Crafts 11:45 Lunch <b>12:30 BINGO</b>	<b>3</b> 9:15 Chair Warmup 9:30 Dominos 10:00 Trivia 10:00 Wii Bowling 11:45 Lunch 12:30 Card Games	<b>4</b> 9:15 Meditation 9:30 Strength Training 9:30 Dominos 10:00 Pictionary 11:45 Lunch <b>12:15 Cash BINGO</b>	<b>5</b> 9:15 Meditation 9:30 State of Affairs 9:30 Dominos 10:00 School has Started 11:45 Lunch 12:30 Arts & Crafts
<b>9</b> 9:15 Meditation 9:30 Strength Training 9:30 Bible Study 10:00 Price is Right 11:45 Lunch <b>12:30 BINGO</b>	<b>10</b> 9:15 Chair Warmup 9:30 Dominos 10:00 What Happened in History 10:00 Wii Bowling 11:45 Lunch 12:30 Card Games	<b>11</b> 9:15 Tai Chi 9:30 Strength Training 9:30 Dominos 10:30 Family Fued <b>11:00 Living on High</b> 11:45 Lunch <b>12:15 Cash BINGO</b>	<b>12</b> 9:15 Chair Warmup 9:30 Trivia 9:30 Dominos 10:00 Puzzles <b>11:00 WSIMC Discussion</b> 11:45 Lunch 12:30 Card Games
<b>16</b> 9:15 Tai Chi 9:30 Strength Training 9:30 Bible Study 10:00 Arts & Crafts 11:45 Lunch <b>12:30 BINGO</b>	<b>17</b> 9:15 Chair Warmup 9:30 Dominos 10:00 Wii Bowling 10:00 Arts & Crafts <b>11:00 Regency w. Ashley</b> 11:45 Lunch 12:30 Card Games	<b>18</b> 9:15 Meditation 9:30 Strength Training 9:30 Dominos 10:00 Arts & Crafts 11:45 Lunch <b>12:15 Cash BINGO</b>	<b>19</b> 
<b>23</b> 9:15 Tai Chi 9:30 Strength Training 9:30 Bible Study 10:30 Wii Games 11:45 Lunch <b>12:30 BINGO</b>	<b>24</b> 9:00 Tai Chi 9:30 Puzzles 9:30 Bible Study 10:00 Wii Bowling <b>Center CLOSSES at 1:00pm for Christmas</b>	<b>25</b> <b>26</b> 	
<b>30</b> 9:15 Tai Chi 9:30 Strength Training 9:30 Bible Study 9:30 Dominos 10:00 Just Relax 11:45 Lunch <b>12:30 BINGO</b>	<b>31</b> 9:15 Meditation 9:30 Dominos 10:00 Movie 10:00 Wii Bowling <b>Center CLOSSES at 1:00pm for New Years Eve</b>		

\*Presentations, activities and trips are subject to change.

# CITY FARE DECEMBER 2024 MENU

## MONDAY

2

Riblet w. Gravy  
Green Beans  
Brown Rice  
Mixed Fruit

## TUESDAY

3

General Tso's Chicken  
Pepper's & Onions  
Brown Rice  
Fresh Orange

## WEDNESDAY

4

Breaded Flounder  
w. Tartar Sauce  
Stewed Tomatoes  
Mac N Cheese  
Applesauce

## THURSDAY

5

Chili w. Shredded Cheese  
Baked Potato  
Corn Muffin  
Baked Apples

9

Crab Cake  
w. Tartar Sauce  
Roasted Baby Bakers  
Peas  
Corn Muffin

10

Blush Sauce Chicken and  
Pasta  
Broccoli  
Mixed Fruit  
Split Top Roll

11

Swedish Meatballs  
Green Beans  
Egg Noodles  
Diced Pears




12

Shepard's Pie of Mashed  
Potatoes, Ground Beef,  
and Peas & Carrots  
12 Grain Bread  
Fresh Orange

16

Turkey & Cheese Sandwich  
w. Lettuce & Tomato  
on Marble Rye  
Cream of Tomato Soup  
w. Whole Grain Crackers  
Tangerine  
Mayo

17

Pot Roast w. Gravy  
Mashed Potatoes  
Green Beans  
Hawaiian Roll  
Apple Pie




18

Chicken & Dumplings  
Caribbean Vegetable Blend  
Fresh Apple

19

Meatloaf  
Mashed Potatoes  
Spinach  
White/ Wheat Bread  
Fresh Orange

23

Pesto Chicken  
w. Pasta  
Zucchini  
Diced Pears  
12 Grain Bread

24

Ham w. Scalloped  
Potatoes  
Green Beans  
Hawaiian Roll  
Diced Peaches

25



Merry  
Christmas

Happy  
Holidays

26



30

Pierogis  
w. Caramelized Onions  
& Sour Cream  
Broccoli  
White/ Wheat Bread  
Mixed Fruit

31

Pot Roast w. Gravy  
Mashed Potatoes  
Carrots  
Split Top Roll  
Strawberry Waffle Graham



All meals subject to change. All meals contain 1% milk - Suggested minimum donation for person 60+ is \$3.00. People under age 60 must pay \$7.00  
Saturday & Sunday Mid Day meals served at St. Anthony's -Tuesday & Thursday Evening Meals served at St. Anthony's Senior Center

# Wilmington Senior Center

1901 N. Market Street  
Wilmington, DE 19802

Phone: (302) 651-3400

Fax: (302) 651-3470

info@wilmingtonseniorcenter.org

www.wilmingtonseniorcenter.org



**SUPPORT OUR SENIORS**

**WWW.WILMINGTONSENIORCENTER.ORG/DONATE**



SCAN TO



DONATE

**LIVE UNITED**



United Way of Delaware

Donor Designation Code: 560

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Non-Profit Organization  
U.S. Postage

**PAID**

Wilmington, DE 19850

Permit No. 430

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